

# THE BROAD REACH

Volume 16, Number 1, April 2003

A Publication of The Lake Winnepesaukee Sailing Association

## Commodore's Corner

by Al Posnack

As I write this, it is April 12th – about the midpoint of historical ice-out dates – and the lake is still solid white! In spite of this, we will continue to assume that there actually *will* be a summer of 2003!

The LWSA is about **sailing**. It's about kids, adults, racing, recreational sailing, and socializing. Reflecting on last season, we did well in all these areas. Youth sailing enrollments went way up, and adult racing participation, which had been declining, also increased in quantity and quality. And a couple of "fun events" (isn't racing supposed to be fun, too?) brought out a number of new faces.

It's noteworthy that Lake Winnepesaukee was the first and is one of the largest fleets of J-80s in the country – and extremely competitive as well! This summer we will see up to 12 boats on the line. Come out on Thursday nights and watch the action at the marks.

Thanks again to the New Hampshire Distributors for 25 years of great Michelob Cup races. And thanks to Melissa Vella-Gatt and Brandon Luterman of the Glendale Tavern for signing on to be our new sponsor. They are eagerly looking forward to putting on a great event to kick off the 2003 season.

Thanks to Fran Belcher and Chuck Moretti for their contributions as LWSA board members last season.

The LWSA stays afloat through the efforts of its volunteers, through your memberships and generous donations, and through the donation and resale of boats. You should know that last year we sold a Capri 25, a catamaran and an outboard, and currently have three substantial boats for sale, listed elsewhere in this issue. Please keep your eyes open for prospective donors and buyers, and please **join the LWSA!**



*Iraqi Information Minister declares Ice Out for Lake Winnepesaukee on April 14*

### Ice Out ?

Official ice out is declared when the M/S Mount Washington can reach all 4 of its ports without touching ice. This usually occurs during April. The earliest recorded ice out was March 28th, 1921 and the latest was May 12th, 1888.

Month	Ice-out dates	%
March	2	1.8%
April 1-10	18	15.9%
April 11-20	40	35.4%
April 21-30	43	38.1%
May	10	8.8%

## Glendale Tavern Memorial Day Race

See page 6

## Annual General Meeting Official Notice

**Date:** May 25, 2003

**Place:** Glendale Tavern

**Time:** Following Memorial Day Race

**Agenda:** Election of Officers

**Reports:** Annual Reports

Secretary

Treasurer

Other Business as introduced by members

**Lake Winnepesaukee Sailing Association  
& Winnepesaukee Yacht Club  
2003 Schedule of Sailing Events**

<u>Date</u>	<u>Sponsor</u>	<u>Event</u>
Sunday 5/25	LWSA	Glendale Tavern Memorial Day Cup
Saturday 6/7		Open Format Race
Saturday 6/21		Open Format Race
Sunday 7/6	WYC	Jimmy Fund Race and charity auction
Friday 7/18	WYC	Single Handed Race
7/19 & 7/20	WYC	Commodore's Cup Regatta
Saturday 8/9		Open format Race
Saturday 8/23	LWSA	LWSA Regatta - Buoy Racing
Sunday 8/24	LWSA	LWSA Regatta (Island Race)
Friday 8/29	LWSA	Frying Pan Race (double handed)
Saturday 9/6		Open Format Race
9/13 & 14	BOTH	J-Jamboree North
Saturday 9/20	LWSA	Pierson, Beneteau, Catalina, J-Cruiser Event
Sunday 10/5	WYC	Cold Duck Race

**Regular weekly events:**

The following events will be held each week.

The LWSA will run regular Wednesday Dinghy Races and Clinics between 6/25 & 8/20 (Lasers, Radials, 420's & Opti's) 5:30 PM

The WYC will run regular Friday Night PHRF races between 5/30 & 9/26

The LWSA will run one design races on Thursday nights between 5/22 and 8/14

**2003 Racing Schedule**

The racing events during last summer proved to be enjoyable and were successful in terms of increased participation with several new faces joining the competition. We are planning to build on this success for our upcoming summer season.

The LWSA race committee has joined with the Winnepesaukee Yacht Club race committee to coordinate the planned events into a schedule of "something for everyone". In addition, we are hopeful that the Corinthian Yacht Club in Wolfeboro will once again host an event during the season.

The current schedule of events is shown in the table on page 2 of this issue. There

are some changes to a few of the events that you should note.

**1) Memorial Day Race – May 25<sup>th</sup>:**

This of course is the date for the perennial event, the Michelob Cup. With NH Distributors no longer on board, we are pleased to have the folks at the Glendale Tavern step up as the new sponsor. The annual race will be known as the **Glendale Tavern Memorial Day Cup**. In the meantime the Memorial Day Race will go on with the usual reverse start, around the islands format. See the Notice of Race elsewhere in this issue for details, particularly how you can

*Continued on Page 3*

**Classified Advertising**

*Classified ads may be placed up to two weeks prior to publication dates. Cost is \$0.50 per word for members, \$1.00 per word for nonmembers. Make checks payable to LWSA, and remit with ad to LWSA PO Box 7047, Gilford, NH 03247.*



**LWSA Executive Board**

Al Posnack, Commodore  
Pete Crosby, Vice Commodore  
Chuck Moretti, Rear Commodore  
Wendy Wilson, Secretary  
Alan Kanegsberg, Treasurer  
Fran Belcher, Member at Large

**LWSA Committees**

Bob Knowles, Race Committee  
Peter Crosby, Youth Sailing  
Ed Philpot, Junior Club  
Jeff Kirchhoff, One Design  
Bob Knowles, "Broad Reach"  
Bryan Marshall, PHRF  
Bob Lemaire, Web Master

*The Broad Reach* is a publication of the Lake Winnepesaukee Sailing Association (LWSA), PO Box 7047 Gilford, NH 03247. It is circulated to fulfill our non-profit charter which is "...to encourage the sport of sailing..." Each issue costs approximately \$250 to produce. If you are receiving these issues as a member, we thank you for your support. If you are not a member, we ask that you consider a tax deductible membership [501(c)(3)] to help us defray publication costs. Thank you.

*The Broad Reach* is published occasionally during the sailing season. All materials for publication are due by the 7th of the month. Publication or use of any material from *The Broad Reach* is not authorized without written permission. Further, *The Broad Reach* and LWSA disclaim responsibility for typographical errors other than the obligation to print a notice of correction.

Submit materials by email to The Editor, Bob Knowles Email: [robt@worldpath.net](mailto:robt@worldpath.net)

Size	Issue
1/2 Page	\$100
1/3 Page	\$75
1/6 Page	\$50

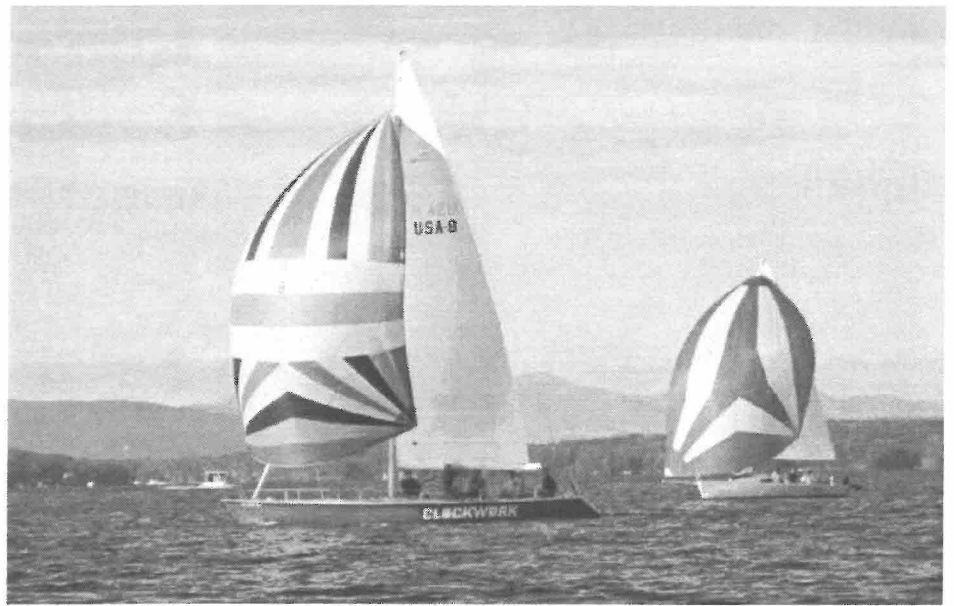
*The Broad Reach* is circulated to more than four hundred Lakes Region sailors and sailing enthusiasts. Commercial support for The LWSA, a non-profit organization, can be acknowledged with space advertising according to the above schedule. To place an advertisement contact the editor: Bob Knowles at 603-279-8405.

## Racing 2003

Continued from Page 2

- register early and just show up at the starting area on race day.
- 2) The **LWSA Regatta** will replace the Labor Day weekend regatta. The regatta will be held the weekend before Labor Day weekend in hopes that more racers will be free from holiday related commitments and can come out and participate. The regatta will be two days with buoy racing on Saturday followed by an island race on Sunday. There will be a social gathering on Saturday evening as part of the overall weekend's activities.
  - 3) The annual **Frying Pan Race**, double handed boats going twice around Welch Island, will remain in its historic place as a Friday evening race on Labor Day weekend.
  - 4) There will be several dates where an **Open Format Race** will be held. These Saturday afternoon events are to be low level, no hassle format, with no registration fees. Each of these dates may have a race of very different format from the prior and so on. It is probable that one of the races will be another Old Timer's Big Boats like the very successful event from last year. The Committee Boat will go out, set up a line to start, and check in any boats that choose to race. Announcements will be made in advance of the specific dates as to the format and requirements. Any ideas for a unique format?

We look forward to a second year of duty from our RC boat, Witch Way II. Steve Coneys and his volunteers will have the boat ready for service with the promise of several additional improvements to enhance the Race Committee's ability to manage our races efficiently. We of course are in need of funds to continue with the upkeep of the RC boat. Take a moment and write a tax-deduct-



John Goodhue's "Clockwork" a Screamer 40, reaching under spinnaker

ible check (make it out to "LWSA") and designate it toward the RC boat maintenance. Send it along to PO Box 7047, Gilford, NH 03247.

We have a small pool of on the water race committee volunteers from both the LWSA and WYC who are prepared to give you, the racers, top-notch race management. Be sure to thank them out on the course and whenever you can. Without their contribution we would not be able to have the level of program that we all enjoy on our lake. We have scheduled a Race Committee Training Seminar for Saturday, June 7<sup>th</sup> at the Winnepesaukee Yacht Club on Dockham Shore Rd. at 9 AM. If you or someone you know would like to get involved with race management, plan on attending this informative seminar. Following the training session, those new "graduates" are welcome to go out on the water and run an informal Saturday afternoon race. Please call 603 279-8405 for details.

The Sailing Instructions have not changed much from last year. You can download a copy of the official 2003 SIs on our website at [www.lwsa.org](http://www.lwsa.org). Copies should be available at each event.

Finally don't forget the opportunity to get out on the lake during the week with Wednesday evening dinghy racing with the Junior Program, the Thursday night One Design fun with the J80 fleet, and then enjoy some good fun at WYC's PHRF Friday night series. The dates and times are shown on the schedule table.

Be sure to include your e-mail address on your 2003 membership registration form. You can also send it to [bobknow@metrocast.net](mailto:bobknow@metrocast.net). Get onto the e-mail distribution list so that you will receive updates as to events, special instructions, and other important racing information.

### RACE COMMITTEE Training Seminar

**June 7, 2003**

Where/ When: Winnepesaukee Yacht Club at 9 AM  
Who: All interested in knowing how to run races on the water  
Details: Call 603 279-8405



# Expectations Run High for the 2003 Youth Sailing Program

Last summer's youth sailing program was one of the best ever. A record 150 youngsters participated. They enjoyed themselves, learned a lot, and the parents were very pleased with the program. We had an outstanding group of instructors and junior instructors who worked hard, showed plenty of patience, and also knew how to have fun. Over fifty kids sailed for the first time last summer, while many returning students advanced their sailing skills, were introduced to racing, or improved their competitive racing skills.

Here's what's up for the summer ahead:

Our new head instructor will be Charlie Wardwell. Charlie is a friendly young fellow who has just graduated from Hampden-Sydney College in Virginia. Charlie brings a strong combination of teaching and racing experience to our program. In past summers he has taught sailing at clubs in Virginia and Texas, and coached racing teams as well. He has campaigned his family's J-29 and Lightning, and several years ago won the junior North American championship in the Lightning class. Charlie will be a real asset to our program.

We have purchased two self-bailing J-Y Trainers for the younger kids, and have added spinnakers and trapezes to two of the 420s to allow us to teach more advanced skills to the older students.

We have hired two instructors from Vanguard Boats to conduct a racing clinic during the week of June 23rd. This will be a combination of classroom and on-the-water training and will be part of a weeklong racing program for sailors with prior racing experience.

Once again we will take sailboats, motorboats and staff to Wolfeboro for a week to conduct beginner and intermediate classes out of Brewster Academy. The Wolfeboro program had over twenty students last summer, many of whom have already signed up again. Introducing children from other parts of the Lake to sailing is an important

part of LWSA's mission. Thanks to Brewster Academy for their help.

In response to comments from a number of parents, we will be trying out, over a two-

week period, a half-day format for the younger students.

For information on youth sailing lessons, or to sign up a youngster, please click [www.lwsa.org](http://www.lwsa.org), or call our hotline at 293-9191.



## Junior Sailing Club Plans

By Ed Philpot

With real warm spring days still pretty few and far between, and ice still on the lake, I have had some trouble getting motivated to think about youth sailing. Prompted by a request for this article, I have been stirred from my slumber.

We are happy to have more of the Junior Olympic events scheduled around the northeast this coming summer. My kids went with Chris and Liz Wilson to a Junior Olympic event in Newport late last summer and they learned a lot. Most importantly, however, they had a great time and improved their sailing skills as well. This is an experience we want more kids to have. Aside from these larger events for our more experienced kids, we want to continue our relationships with Lake Sunapee YC, the UNH's Dead Fish regatta and the WYC's Commodore's Cup because these events expose all of our kids, regardless of abil-

ity, to some good fun and competitive events.

One change we want to make is to separate our Opti training from our Laser/420 training. We had previously combined all boats and levels into our Wednesday night series. Separating the Optis from the Lasers and 420s will have numerous benefits. First, it al-

lows more beginners to go out and learn about racing on an Opti-only night. Second, it allows us to focus on the Optis without having to set 2 courses and work with sailors in Optis as well as 420s and Lasers. This allows coaches and adults on the water to give a more concentrated effort for the Opti sailors, as well as to the older, more experienced sailors.

What this will require is more willing volunteers, but I hope that our more experienced racers will help out on Opti nights. Some of them should also still be racing the Optis, and so at least for our transitional sailors, this will give them an opportunity to develop their skills in bigger boats while still getting their Opti practice in.

The schedule is not yet set, but I would like to run another event on Lake Opechee like last year. This gives us good exposure and it was a lot of fun. I hope to have a meeting and finalize our plans for this summer soon.

# The Freddie Richardson Scholarship

We are pleased to announce the establishment of the Freddie Richardson Scholarship Fund.

This fund will allow the LWSA to give scholarship assistance to needy youngsters — especially those who would not otherwise have a chance to experience the pleasures and challenges of sailing.

Freddie Richardson was a local youngster whose early experience sailing Widgeons and Lightnings in the 1970's led to a full time involvement with boats and boating. As a boatbuilder he helped build four 12-Meter yachts. As a member of the America II campaign in Australia, he served as bowman and was in charge of maintenance for US-42. Later he lived in an old motor yacht on Buzzards Bay, and returned to boatbuilding at Concordia, a builder of custom yachts and racing machines. On a crisp October afternoon in 1994 he went sailing with another experienced sailor and did not return. He was 37.

At the time of his death, donations received in Freddie's memory were used to buy the Optimist Dinghy that bears his name. Dozens of youngsters sail this boat each

summer, yet few of them — or their parents — know how it got its name. This season "Freddie" is getting a complete overhaul, so the boat, the name and the memory will be around for many more years.

During the last holiday season, Freddie's four brothers and sisters and his parents joined together to give the LWSA a generous gift in his memory, to be used for sailing scholarships. It is their hope and ours that this will trigger further donations to help keep this important effort, and Freddie's memory, alive for years to come.

If you know of a youngster who would benefit from a sailing scholarship, please let us know. (Leave a message at 293-9191 or email [school@lwsa.org](mailto:school@lwsa.org)) Should you wish to make a donation, please address it to LWSA, PO Box 7047, Gilford, NH 03247.



*Freddie Richardson aboard the 12 Meter "America II"*

## WYC Makes Generous Donation

Special thanks are due to the Winnepesaukee Yacht Club for a most generous gift. The WYC continues to be an outstanding partner to the LWSA. Last fall at their annual "haulout meeting," the users of the WYC's Yacht Yard facility voted to donate \$2000 from the accumulated haulout fees account to the Youth Sailing Program, to be used for the purchase of additional sailboats.

These funds have been used to purchase two JY Trainer hulls. These boats are similar to our Optimist Dinghies, but are made of plastic — much more "bulletproof" than the fiberglass Opti's — and are completely self-bailing. The smaller students will have a much easier time recovering from cap-sizes in these boats, with much less class disruption. After the season we will evaluate our experience with these boats and determine whether to replace some of the Opti's with additional JY Trainers. We are grateful to the WYC's continued support.

### Support Youth Sailing Donate Your Boat

No Advertising  
No Broker's Fees  
No Storage Fees  
No Hassles  
No Waiting

Call Alan at 603-225-5635

## Nominees for LWSA Officers

Listed below is the roster of nominees for this year's LWSA Officers. Elections will be held at the Annual General Meeting on May 25th. At that time you will consider these nominees or any others forwarded for nomination to the Commodore prior to the time of the meeting.

Also included here is a listing of the current standing committees and the person who has volunteered to spearhead the activity. If you feel that you could help any of these folks, please get in touch with them and pitch in.

Al Posnack	Commodore
Peter Crosby	Vice Commodore
Steve Coneys	Rear Commodore
Alan Kanegsberg	Treasurer
Wendy Wilson	Secretary

### LWSA Committees

Bob Knowles	Race Committee
Pete Crosby	Youth Sailing
Ed Philpot	Jr. Sailing Club
Bob Knowles	Broad Reach
Jeff Kirchoff	One Design
Bryan Marshall	PHRF
Bob Lemaire	Webmaster

## LWSA Information Line

Don't forget the LWSA Voice Mail information line is available at 603 293-9191. We will try to keep it up to date during the summer months. There are three types of information available. Mailbox 1 contains information on our Youth Sailing Program and provides a means for parents to request information about registering their child in the School. Mailbox 2 is for Racing and will provide information for upcoming events with cancellation announcements when necessary. Mailbox 3 is for our Boat Donation program with information as to how you can donate a boat or purchase one out of the current inventory.

# Notice of Race GLENDALE TAVERN MEMORIAL DAY CUP

Sunday May 25, 2003

1. Organizing Authority: LWSA

2. Rules: The race will be governed by the *Racing Rules of Sailing 2001--2004*, the prescriptions of US Sailing, the rules of PHRF New England for monohulls, the corresponding class rules for catamarans, and the 2003 sailing instructions as modified by this notice of race.

3. Entries: The regatta is open to any boat that qualifies under the aforementioned rules. Registration is between 0900 and 1000 on May 25, 2003 at Fay's Boatyard. Each entry must be submitted on the official form or a legible copy thereof. Entry forms may be downloaded from the LWSA website at [www.lwsa.org](http://www.lwsa.org) or call 603-279-8405. The entry fee is \$25 (checks payable to LWSA). US Sailing members take a \$5 discount.

Early registration is encouraged. Early registrants receive an additional \$3 discount. The early registrant boat will be able to forego the hassle of attending a skipper's meeting or last minute registration and just go directly to the starting area on the day of the race. Early registration will require completing all required elements and putting them in the hands of the organizing authority no later than 10 days prior to the scheduled race date. The early registrant will be sent via e-mail or direct mail all the materials required to participate.

4. Course: The race will be an island race as described in the special Sailing Instructions to be supplied to all registrants. The selected course will be posted on the Race Committee boat prior to the warning signal.

5. The Start: This is a "reverse start" event. Boats are handicapped upon registration and issued individual "delay

times" based on the selected course length and PHRF (monohull) or Sullivan Portsmouth (catamaran) handicaps factor. After the starting signal, individual boats will start after their "delay time" has elapsed.

6. Schedule:

May 15 Deadline for discounted early registration

May 25

0900 - 1000 Registration

at Fay's Boat Yard

1030 Skipper's Meeting

1200 Warning Signal

7. Awards: Prizes will be awarded to the top three finishers in monohull racing and cruising class, and catamaran class.

8. Social: A party and awards ceremony open to all participating skippers and their crew will be held at the Glendale Tavern at the Glendale town docks beginning at 1700. The overall winner of the race will be recognized as this year's recipient of the Glendale Tavern Memorial Day Cup.

## Help Wanted Race Committee

We have a real need for several people who would be interested in being out in the new Committee Boat setting up for and running our upcoming races. Consider making a real contribution. Help out and enjoy the time out on the water. Call Bob Knowles at 603 279-8405 for details.



# 2003 LWSA Membership Registration



LAKE WINNIPESAUKEE

SAILING ASSOCIATION

Name: Donnat Robert Garland

Street: 12 Kimberly Dr.

City: North Hampton State: NH Zip: 03862

Home Phone: 603-379-2050 Work Phone: 603-7153114 Lake Phone: 603-479-6376

E-Mail Address: ladyggnh@attbi.com

Boat Make and Length: Catalina 34 Boat Name: HALCAKALA

Cell: 603-479-6376



## US Sailing Association

Please process my **USSA Membership** for 2003 at the individual rate of \$40, (instead of the regular rate of \$45). I understand that as a member of USSA that I will receive a discount of \$5.00 or 10% of each racing registration fee for having race insurance through USSA. USSA Membership includes a Rule Book, a subscription to *Sailing World* or *Cruising World* magazine and all other membership benefits.

Visit [www.ussailing.org](http://www.ussailing.org) for details

*Downloaded from*

I/we are enclosing the following:

\$ 20.00 for LWSA Membership

\$ 40 for US Sailing Membership (LWSA Members only) \$40.00

\$ \_\_\_\_\_ for Donation to the LWSA Youth Sailing Program (\$10, \$20, \$50, \$100) (deductible)

\$ 60 - Total (make check payable to "LWSA")

Signed: Donnat R. Garland Date: 5/1/03

Mail to: Lake Winnepesaukee Sailing Association, PO Box 7047, Gilford, NH 03247

## Boats for Sale by LWSA

*Proceeds to Youth Sailing Program*

**O'Day 27** - 1978 a family cruiser or club racer. Below decks there is a galley with large ice box, Sleeps 6. Includes Evinrude 6 hp outboard motor and cradle. Sails include main, 105, 150, 170, 150 reacher, 3/4 oz spinnaker, 1/2 oz spinnaker, and Dazy staysail.

**Evelyn 25** "Shelby Marie II" 1985 - Great PHRF Racer

**1993 Saturn SL2 (Car)** - All power options, AC, good tires, sun roof, cruise control, 102,000 miles - excellent condition - \$2,000

**15' 6" Marshall "Sandpiper" Catboat** -

1990 - cuddly model - oiled teak trim, bronze hardware, cockpit cushions, lazy jacks, sail cover, painted aluminum spars, outboard bracket, boom tent, single axle galvanized trailer.

To see these boats call Terry Pratt 603-293-4239

## Stuff Wanted - Tax Deductible

The Youth Sailing and our Racing program can use many items that you may be able to donate from your inventory.

- VHF Handheld
- Small, Medium Anchors
- Anchor Line
- Air Horns
- PFDs
- Motor Boat Accessories
- Five Gallon Plastic Buckets
- You name it

Whatever you donate is tax deductible at its fair market value. Help yourself put those seldom-used items to work and gain the satisfaction of having helped the LWSA programs. Call 603-293-9191



P.O. Box 7047  
Gilford, NH 03247-7047  
April 2003

FIRST CLASS  
US POSTAGE PAID  
CONCORD, NH  
PERMIT #1603

**Glendale Tavern Memorial Day Race**

***LWSA Annual Meeting***

**May 25, 2003**

**Following the Memorial Day Race**

**Glendale Tavern**

**5:00 PM**

**Election of Officers**